

CUSD PRESENTS

Parent Educational Presentations

Join us for a series of mental health related topics to gain resources and support. Presentations are free and open to the entire community!

Time: 6:00pm-7:30pm

Facilitators: *Nicole Sagman*, MSW (BHS Social Worker) *Lindsay Taylor*, MSW (PHS Social Worker), *Kyleen Miller*, MSW (CCHS Social Worker), *Shea Dodson*, LMSW (District Social Worker), *Natasha Davis*, LMSW (District Social Worker), Sarah Hunter (CHS Prevention Coach)

Wednesday September 11th- “*Magic of Mindfulness*”

Place: Chandler High School (Location- Chandler Center for the Arts-250 N Arizona Ave., in the recital hall)

Speaker: Jamie Valderrama (Arizona State University)

Tuesday October 29th- “*Vaping and Substance Abuse*”

Place: Basha High School (Location- Auditorium)

Speaker: William Walker (Chandler Police Department)

Tuesday February 18th – “*Depression and Anxiety Management for Teens*”

Place: Perry High School (Location- C115)

Speaker: Clara Davis, LCSW (Aurora Behavioral Health System)

Wednesday May 6th – “*Effects of Social Media on Teens*”

Place: Casteel High School (Location- Performing Arts Center)

Speaker: Joanna Rogers, LMSW (Evolve Counseling and Behavioral Health Services)

COMMUNITY
AGENCIES WITH
RESOURCE TABLES
WILL BE PRESENT